

Scottish Men's National Cross Country Championships, Callendar Park, Falkirk

Senior 7½ Miles: 1. N. Muir (Shett H) 3923; 2. C. Robison (Spango Val AC) 3945; 3. A. Hutton (Edin SH) 3956; 4. T. Murray (Greenock G H) 4005; 5. T. Mitchell (Fife AC) 4012; 6. J. Robson (Edin SH) 4016; 7. F. Clyne (Abdn AAC) 4021; 8. R. Copeland (Dundee HH) 4031; 9. P. Fleming (Bellah H) 4032; 10. C. Haskett (Dundee HH) 4034.

Teams: 1. Edin SH (A. Hutton 3, J. Robson 6, G. Grindlay 26, N. Tennant 28, I. Steel 32, A. Robson 38) 133pts; 2. Bellah H (P. Fleming 9, G. Braidwood 11, A. Daly 23, W. Robertson 27, A. Coyne 43, G. Getty 59) 172pts; 3. Cambus H.

Junior 5 miles: 1. A. Russell (Law & Dist AC) 2610; 2. C. Blakewell (Edin SH) 2619; 3. D. Donnett (Spring H) 2631; 4. M. Wallace (Vic Pk AAC) 2639; 5. C. McFadzean (Nith Val AC) 2646; 6. T. Hearie (Kilb AC) 2700; 7. P. Mayles (Kilb AC) 2708; 8. J. Quinn (M'well YMCA H) 2712; 9. G. Brown (Edin AC) 2716; 10. D. Arnott (Pitreavie AAC) 2718.

Teams: 1. Cambus H (R. Foley 11, P. McAvoy 13, G. Laird 22, M. Hughes 52) 103pts; 2. Kilb AC (T. Hearie 6, P. Mayles 7, N. Cassidy 46, R. Shaw 49) 108pts; 3. M'well YMCA H (J. Quinn 8, J. Latona 29, S. Quinn 35, G. Campbell 52) 134pts.

Youths 4 miles: 1. T. Reid (Dundee HH) 2044; 2. C. Murphy (Pitreavie AAC) 2054; 3. D. McGinley (Clydebank AC) 2107; 4. K. Stirratt (Halifax H) 2133; 5. B. McKay (Vic Pk AAC) 2133; 6. G. Stewart (Clydebank AC) 2134; 7. I. Tierney (E Kilbride AC) 2137; 8. E. Cameron (Edin SH) 2139; 9. M. Morgan (E Kilbride AC) 2141; 10. S. Rankine (Falk Vic H) 2142.

Teams: 1. Clydebank AC (D. McGinley 3, G. Stewart 6, J. Divers 17, M. McBride 22) 42pts; 2. E Kilbride AC (I. Tierney 7, M. Morgan 9, A. McBeth 24, G. Fegan 22) 72pts; 3. M'well YMCA H (J. Tognelli 15, D. Gardiner 16, C. McCann 18, J. Houston 24) 73pts.

Senior Boys 3 miles: 1. G. Reid (Kilmarnock H) 1611; 2. P. Robertson (Dundee HH) 1615; 3. A. Thain (Clydebank AC) 1621; 4. S. Barnett (Vic Pk AAC) 1629; 5. I. Hemmings (Pitreavie AAC) 1639; 6. A. Russell (Clydebank AC) 1643; 7. B. Gorman (Falk Vic H) 1644; 8. G. McDowell (Inverness H) 1645; 9. T. Graham (Kilb AC) 1646; 10. M. Pawlowski (Geo Her School) 1647.

Teams: 1. Clydebank AC (A. Thain 3, A. Russell 6, J. Cullen 18, G. Harvey 25) 53pts; 2. Vic Pk AAC (S. Barnett 4, G. Graham 10, C. Greenhalgh 16, F. McNeall 49) 70pts; 3. Cambus H (D. McPherson 15, W. McLean 29, G. Simpson 34, C. Smith 35) 113pts.

Junior Boys 2 miles: 1. E. McCafferty (Cambus H) 1107; 2. A. Moonie (Fife SH) 1111; 3. B. McMillan (Cent Reg AC) 1115; 4. J. Gowans (Tayside AAC) 1119; 5. R. Carmichael (Edin AC) 1121; 6. D. Strong (Cambus H) 1130; 7. D. Fotheringham (Clydebank AC) 1132; 8. I. Murray (Inver H) 1133; 9. D. Sutherland (Inver H) 1136; 10. S. Conn (Dumfries AAC) 1141.

Teams: 1. Clydebank AC (D. Fotheringham 7, C. McShannon 17, D. Ashton 18, S. Simpson 31) 73pts; 2. Ayr Sea AC (J. Ferguson 13, D. Kinghorn 22, K. Stevenson 23, R. Duffy 35) 93pts; 3. Inver H (I. Murray 8, D. Sutherland 9, D. Hards 14, K. Murray 64) 96pts.

Fitzgibbon (London Oly AC) 2445.5; V. Vaughan (Pitreavie AC) 2457.5; S. Sinclair (Irvine AC) 2509.7; L. Reilly (Morpeth H) 2514.8; P. Rother (Edin AC) 2527.9; L. Irving (Edin WM SH) 2539.10; V. Blair (Edin WM SH) 2555.

Teams: 1. Edin WM SH (A. Jenkins 3, L. Irving 9, V. Blair 10) 22pts; 2. Edin AC (K. Macleod 1, P. Rother 8, P. Hawtin 13) 22pts; 3. Pitreavie AAC (J. Ferrari 16, K. Robinson 20, S. McDowell 21) 57pts; 4. Liv & Dist AC 5, McLaren GAC 78pts; 6. Abdn AAC 116pts.

Young Seniors: 1. V. Vaughan 2. L. Reilly 3. A. Bartley (McLaren GAC) 2556; 4. C. McFadzean (Edin Uni) 2803; 5. F. Hillen (L & L Club) 2937; 6. C. Smilley (Cent Reg AC) 2937.

Intermediates 3 miles: 1. C. Sheehan (Abdn AAC) 1923; 2. V. Husband (Edin WM SH) 2025; 3. R. de Jaeger (Kilb AC) 2039; 4. V. Clinton (Irvine AC) 2050; 5. D. Kelly (Law & Dist AC) 2054; 6. S. Robb (Irvine AC) 2100; 7. M. Rome (Nith Val AC) 2109; 8. C. Lunney (Kilb AC) 2111; 9. M. Murphy (Morpeth H) 2116; 10. A. Grainger (Edin WM SH) 2119.

Teams: 1. Kilb AC (R. de Jaeger 3, C. Lunney 8, A. Follan 18) 29pts; 2. H. (M. Murphy 9, B. Mayberry 15, D. Baker 23) 47pts; 3. Edin WM SH (V. Husband 2, S. Crainger 10, A. Jones 35) 47pts; 4. McLaren GAC 68pts; 5. Abdn AAC 86pts; 6. Kilmarnock H 86pts.

Junior 2 miles: 1. H. Haining (Nith Val AC) 1153; 2. S. Priest (Morpeth H) 1232; 3. J. Anderson (Teviot H) 1242; 4. M. McClung (Kilmarnock H) 1248; 5. L. Thounire (Edin WM SH) 1248; 6. K. Foster (Morpeth H) 1252; 7. J. Rankine (Inver H) 1255; 8. M. Gemmell (Strathkelvin LAC) 1302; 9. A. Normand (Vic Pk AAC) 1306; 10. E. Hanlon (Nith Val AC) 1316.

Teams: 1. Morpeth H (S. Priest 2, K. Foster 6, A. Wright 28, C. Shield 33) 69pts; 2. Vic Pk AAC (A. Normand 9, A. Kelly 15, C. Young 16, J. O'Neill 31) 71pts; 3. Irvine AC (S. Hamblin 12, S. McDonald 18, K. Brennan 26, S. Loach 55) 111pts; 4. Pitreavie AAC 126pts; 5. Ayr Sea AC 186pts; 6. Abdn AAC 225pts.

Girls 2 Miles: 1. D. Simpson (Abdn AAC) 1243; 2. R. Davidson (Inver H) 1300; 3. G. Slaven (Ayr Sea AC) 1304; 4. W. Irving (Derwent AC) 1309; 5. J. Wolfendale (Vic Pk AC) 1322; 6. D. McInally (Vic Pk AAC) 1325; 7. A. McBride (Helensburgh AAC) 1327; 8. A. Winterman (Perth Strathay H) 1328; 9. J. Stirling (Vic Pk AAC) 1331; 10. L. Kerr (Strathkelvin LAC) 1335.

Teams: 1. Vic Pk AAC (J. Wolfendale 5, D. McInally 6, J. Stirling 9, B. Huddert 19) 39pts; 2. Strathkelvin LAC (L. Kerr 10, A. Paterson 18, V. McDougall 24, L. Gemmell 31) 83pts; 3. Helens AAC (A. McBride 7, J. Grundy 14, T. Grundy 41, S. Poiler 76) 138pts; 4. Cent Reg AC 146pts; 5. Ayr Sea AC 170pts; 6. Pitreavie AC 215pts.

Minor Girls 1 Mile: 1. G. Fowler (Hamilton H) 551; 2. I. Linaker (Pitreavie AAC) 552; 3. L. Duffy (Harmeny AC) 553; 4. A. Foster (Morpeth H) 557; 5. E. Freil (Colzium AC) 600; 6. G. Hamilton (Falk Vic H) 603; 7. H. Brooks (Ayr Sea AC) 604; 8. S. Scott (Ayr Sea AC) 609; 9. J. McDowell (Colzium AC) 612; 10. A. Woodcock (Derwent AC) 615.

Teams: 1. Ayr Sea AC (H. Brooks 7, S. Scott 8, S. Dyer 19, D. Ward 27) 61pts; 2. Colzium AC (C. Freil 5, J. McDowell 9, L. Scott 43, I. Erskine 45) 102pts; 3. Irvine AC (P. Raspison 14, J. Geddes 21, C. Miller 25, S. Brennan 59) 119pts; 4. Vic Pk AAC 125pts; 5. Abdn AAC 146pts; 6. Kirk Oly AC 157pts.

Scottish Women's National Cross Country Championships, Cowdenbeath

Senior 4 Miles: 1. K. Macleod (Edin AC) 2411; 2. C. Price (Dundee HH) 2435; 3. A. Jenkins (Edin WM SH) 2437; 4. K.

Scottish Indoor Tug of War Championships, Greenock -

640kg Championship: 1. Ben Ledi, Callendar; 2. Kinross.

720kg Championship: 1. Ben Ledi, Callendar; 2. Black Isle.

Easy Pickings For Karen McLeod

Victory by 24 seconds as Liz Lynch & Yvonne Murray race elsewhere

WHILE Yvonne Murray and Liz Lynch were winning, respectively, the European Indoor 3000m title and the Red Lobster '10K' in world record time, Karen McLeod was racing to an impressive victory in the Scottish Women's 4M Cross Country Championship at Cowdenbeath on February 22nd.

The Edinburgh AC runner, born in the Western Isles but now living in the Bristol area, stayed with the leaders during the early stages, but soon pulled away on a steep, uphill stretch of heavy plough, and created a gap of nearly 100m which she maintained all the way to the finish. Despite being badly hurt in a horse riding accident a few years ago, Karen has fought back with such tenacity and courage from the injuries which threatened to terminate her athletics career, that during the past 12 months her successes have included the Scottish 'closed' cross country title in 1986, the WAAA Indoor 3000m crown and now her first ever national cross country championship.

Road runners caught out

The combination of fast, flat grassland and clinging, uphill plough caught out some of the main contenders, particularly those of a road running disposition, though one who coped admirably with the conditions was runner-up Christine Price, who drew on her vast cross country and 3km experience to outsprint Alison Jenkins over the last few metres for second place. In gaining automatic selection along with Karen McLeod for the Scottish team for the World Championships in Warsaw, Price, a member of Dundee Hawkhill, earned a 14th run in the global event — a new record for appearances. Alison Jenkins, of Edinburgh Southern, was born south of the border, but hopes to represent Scotland at international events when she fulfils the residence qualification in six months time. Also automatically selected for the Scottish team was fourth placed Katie

Fitzgibbon, who was educated at Gordonstoun, Prince Charles' former school, where one of her parents is a teacher. A member of London Olympiades, Katie helped her club to place fifth in the English event the previous week when she finished 26th. Vicky Vaughan, from nearby Pitreavie AAC, was fifth a further 12 seconds behind and won the 'Young Senior' title.

Aberdeen AAC maintained their proud tradition by winning two individual titles in the younger age-groups, Carolyn Sheehan's victory in the Intermediates three miles and Dawn Simpson's in the Girls two miles being worthy rewards for their virtual domination of the cross country scene throughout the winter.

British Schools champion Hayley Haining led from start to finish in the Junior two miles, and with her usual tactic of committed front running built up a winning margin of more than 30 seconds over Morpeth's Susan Priest, 11th in the English 'National' at Bexley. There was joy for Hamilton Harriers, one of Scotland's smaller clubs, in the closest event of the day, the Minors one mile, when Gillian Fowler finished one second ahead of Isabel Linaker (Pitreavie) and Lynn Duffy (Harmeny).

Derek Parker

1. K. McLeod (Edinburgh AC).....	24:11
2. C. Price (Dundee Hawkhill).....	24:35
3. A. Jenkins (Edinburgh WM Southern).....	24:37
4. K. Fitzgibbon (LOAC) 24:45; 5. V. Vaughan (Pit) 24:57;	
6. S. Sinclair (Irv) 25:09; 7. L. Reilly (Mor) 25:14; 8. P. Rother (EAC) 25:27; 9. L. Irving (ESH-V) 25:39; 10. V. Blair (ESH) 25:55; 11. S. Branney (Glas) 25:57; 12. E. Chelwell (St. A. U) 26:03; 13. P. Hawtin (EAC) 26:11; 14. V. Dempsey (Liv) 26:25; 15. E. Cochrane (Glas) 26:41; 16. J. Ferrari (Pit) 26:52; 17. C. Bartlay (Glas) 26:56; 18. S. Durham (ESH) 27:11; 19. G. Macdonald (Glas) 27:20; 20. K. Robinson (Pit) 27:30. Teams: 1, Edinburgh WM Southern 22; 2, Edinburgh AC 22; 3, Pitreavie 57.	

Inters — 1. C. Sheehan (A'deen) 19:23; 2. V. Husband (ESH) 20:25; 3. R. DeJager (Kilb) 20:39; 4. V. Clinton (Irv) 20:50; 5. D. Kelly (Law) 20:50; 6. S. Robb (Irv) 21:00; 7. M. Rome (Nith) 21:09; 8. C. Lunney (Kilb); 9. M. Murphy (Mor) 21:16; 10. S. Grainger (ESH) 21:19. **Teams:** 1, Kilbarchan 29; 2, Morpeth 47; 3, Edinburgh Southern 47.

Juniors — 1, H. Haining (Nith) 11:53; 2, S. Priest (Mor) 12:32; 3, J. Anderson (Fev) 12:42; 4, M. McClung (Kilm) 12:48; 5, L. Thounire (ESH) 12:48; 6, K. Foster (Mor) 12:52; 7, J. Rankine (Iness) 12:55; 8, M. Gemmell (S'kelvin) 13:02; 9, A. Normond (VP) 13:06; 10, E. Hanlon (Nith) 13:16. **Teams:** 1, Morpeth 69; 2, Victoria Park 71; 3, Irvine 111.

Girls — 1, D. Simpson (A'deen) 12:43; 2, R. Davidson

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in sport

(I'ness) 13:00; 3, G. Slaven (Ayr) 13:04; 4, W. Irving (Derw) 13:09; 5, J. Wolfendale (VP) 13:22; 6, D. McInally (VP) 13:25; 7, A. McBride (Helen) 13:27; 8, A. Ninteman (Per) 13:28; 9, J. Stirling (VP) 13:31; 10, L. Kerr (S'kelvin) 13:35. **Teams:** 1, Victoria Park 39; 2, Strathkelvin 83; 3, Helensburgh 138.

Minors — 1, G. Fowler (Ham) 5:51; 2, I. Linaker (Pit) 5:52; 3, L. Duffy (Harm) 5:53; 4, A. Foster (Mor) 5:57; 5, C. Friel (Colz) 6:00; 6, G. Hamilton (FVH) 6:03. **Teams:** 1, Ayr Seaforth 61; 2, Colzium 102.